

High School Students and Parents IMPORTANT VACCINE INFORMATION



Are you going to be a senior? Are you planning on going to college, joining the military, going on a mission, or traveling abroad?

*** New 12th Grade Requirement *** **Meningococcal MenACWY** (Effective beginning the 2020 - 2021 school year)

- 1 dose required before 12th grade: If first dose received at 16 years of age or older
- 2 doses required before 12th grade: If first dose received before age 16 a 2nd booster shot is required

Meningococcal MenB

- 2 doses 6 months apart recommended for teens/young adults ages 16–18

3 serogroups cause most meningococcal disease:



2 vaccines provide protection:

MenACWY **MenB**

Talk to a doctor about what vaccines are best



What is meningococcal disease? Meningococcal disease is a relatively rare, yet serious, bacterial infection that causes swelling of the lining of the brain and spinal cord (meningitis) or bloodstream poisoning (meningococemia). Teens and young adults are at increased risk because it is spread through the exchange of respiratory and throat secretions that can happen through kissing, sharing beverages, or spending time in larger groups. People living in close quarters (i.e.: college dorms/military barracks/camps) may be at higher risk.

Why should I get the vaccines?

There are two types of vaccines needed to help protect against the 5 major serogroups of meningococcal disease: A, C, W, Y and B. MenW is one of the most aggressive and life-threatening forms. The MenACWY vaccine remains the best form of protection against the A, C, W, and Y strains. MenB is the most common cause of meningococcal disease for older adolescents and young adults and has been responsible for outbreaks on U.S. college campuses.

*** Proof of up-to-date immunizations are required for school attendance. Most colleges/universities, missions, military service, and travel have similar requirements. Make sure you verify what is required ***

Idaho Law requires the following for 12th grade:
Children born before Sept. 1, 2005: 5 DTaP, 2 MMR, 3 Polio, 3 Hep B, 1 Tdap, 2 MenACWY.

Children born after Sept. 1, 2005: Everything listed above plus 4th Polio, 2 Varicella, 2 Hep A.

CDC also recommends: 2 HPV, 2 MenB, Flu annually.

MENINGOCOCCAL DISEASE CAN BE DEADLY



EARLY SYMPTOMS:

Often mistaken for flu or other less serious illnesses



SYMPTOMS USUALLY PROGRESS FAST!

High fever, headache, stiff neck, confusion, nausea, vomiting, exhaustion, purplish rash, and death can happen in as little as 1-2 days



1 in 10 PEOPLE WHO GET IT DIE

UP TO 2 IN 10
SUFFER FROM PERMANENT COMPLICATIONS

- brain damage
- kidney damage
- deafness
- limb loss



For more information:

talk to your healthcare provider, or visit cdc.gov/meningitis, or nmaus.org