



Fiscal Year  
**2017**  
Annual Report



**South Central Public Health District**  
Prevent. Promote. Protect.

[phd5.idaho.gov](http://phd5.idaho.gov)

## VISION

Healthy and Prepared People in Our Communities.

## MISSION

1. Prevent Disease,
2. Promote Healthy Lifestyles, and
3. Protect and Prepare the public against health threats.

## VALUES

- Transparency – We are accountable for the efficient and effective use of district resources.
- Client Centered – We demonstrate honesty, consistency, and confidentiality when serving our clients; we provide timely and accurate information to help them make informed choices.
- Collaborative - We promote partnerships and alliances with community members and agencies to link public health needs and services.
- Professionalism – We demonstrate competence, reliability, and respect to the public.
- Excellence – We seek to improve the quality of our services through ongoing evaluation and feedback.

## GOALS

1. Monitor health status and understand health issues.
2. Protect people from health problems and health hazards.
3. Give people information they need to make healthy choices.
4. Engage the community to identify and solve health problems.
5. Develop public health policies and plans.
6. Enforce public health laws and regulations.
7. Help people receive health services.
8. Maintain a competent public health workforce.
9. Evaluate and improve the quality of programs and interventions.
10. Contribute to and apply the evidence base of public health.





Linda F. Montgomery  
Chair  
Jerome County



Charles Ritter  
Vice-Chair  
Lincoln County



Robert Kunau  
Trustee  
Cassia County  
(Commissioner)



Angenie McCleary  
Blaine County  
(Commissioner)



Pamela J. Jones, RN  
Camas County



Tom Faulkner  
Gooding County



Tracy Haskin  
Minidoka County



Terry Kramer  
Twin Falls County  
(Commissioner)



Peter Curran, MD  
Medical Consultant



Jeremy St Clair  
Interim District Director  
Board Secretary



## ADMINISTRATIVE STAFF

Jeremy St Clair

Interim District Health Director /  
Financial Specialist Principal

Yvonne Humphrey

Administrative Assistant II /  
Public Information Officer/  
Human Resources

Nancy Andreotti

Administrative Assistant I

Eric Myers

Business Operations Specialist

Bob Moulson

IT Resource Manager

## DIVISION STAFF

Cheryle Becker, RN

Family and Children's Health  
Administrator

Melody Bowyer, MBA, REHS/RS

Environmental Health and  
Preparedness Director

Susie Beem, BS, CHES

Community Health Director



## ADMINISTRATION

- Administrative
- Business Operations
- Fiscal Operations
- Human Resources and Personnel
- Information Technology
- Public Information

## FAMILY AND CHILDREN'S HEALTH

- Breast and Cervical Cancer Screening
- Disease Surveillance and Epidemiology
- Early Head Start Home Visitation
- HIV/STD Prevention
- Immunizations
- Lead Screening
- Parents as Teachers
- Refugee Medical Screening
- School Nursing
- Statewide Healthcare Innovation Plan (SHIP)
- Tuberculosis Control

## COMMUNITY HEALTH

- Adolescent Pregnancy Prevention
- Child Passenger Safety
- Comprehensive Cancer Control
- Fit and Fall Proof™
- Hypertension and Diabetes Prevention and Management
- Motor Vehicle Occupant Safety
- Oral Health
- Physical Activity and Nutrition
- Prescription Drug Overdose Prevention
- Tobacco Prevention
- Tobacco Cessation
- Women, Infants, and Children (WIC)

## ENVIRONMENTAL HEALTH AND PREPAREDNESS

- Child Care Health and Safety Inspections
- Environmental Complaints
- FDA Inspections
- Food Permits and Inspections
- Land Development
- Public Drinking Water
- Public Swimming Pool Inspections
- Solid Waste Management
- Subsurface Sewage Disposal
- Emergency and Preparedness Planning and Response
- Hospital Preparedness
- Medical Reserve Corps

## REGIONAL BEHAVIORAL HEALTH BOARD

- Regional Behavioral Health Board
- Behavioral Health Community Crisis Center

# FY-2018 Budget Proposal (07/01/17 - 06/30/18)

## ESTIMATED EXPENDITURES

### BY CLASSIFICATION

Personnel costs  
Operating expenses  
Sub-grantee payments  
Capital outlay--general  
Capital outlay--building

**TOTAL ESTIMATED EXPENDITURES**

## ESTIMATED INCOME

County funds  
State general fund  
State millennium fund  
Contracts  
Fees/insurance and miscellaneous  
Reserve draw

**TOTAL ESTIMATED INCOME**

| APPROVED<br>FY-2017<br>BUDGET |           | APPROVED<br>FY-2018<br>BUDGET |           | CHANGE—FY-2018<br>FY18 TO FY17<br>APPROVED |                   |
|-------------------------------|-----------|-------------------------------|-----------|--|-------------------|
| \$                            | 5,112,852 | \$                            | 5,036,952 | \$   | (75,900) -1.48%   |
|                               | 1,545,001 |                               | 1,260,057 |  | (284,944) -18.44% |
|                               | 1,084,000 |                               | 1,438,000 |  | 354,000 32.66%    |
|                               | 102,400   |                               | 131,700   |  | 29,300 28.61%     |
|                               | -         |                               | 221,600   |  | 221,600 0.00%     |
| \$                            | 7,844,253 | \$                            | 8,088,309 | \$   | 244,056 3.11%     |
| \$                            | 1,150,140 | \$                            | 1,184,644 | \$   | 34,504 3.00%      |
|                               | 1,197,900 |                               | 1,204,400 |  | 6,500 0.54%       |
|                               | 95,400    |                               | 112,300   |  | 16,900 17.71%     |
|                               | 4,218,063 |                               | 4,536,270 |  | 318,207 7.54%     |
|                               | 1,182,750 |                               | 920,695   |  | (262,055) -22.16% |
|                               | -         |                               | 130,000   |  | 130,000 0.00%     |
| \$                            | 7,844,253 | \$                            | 8,088,309 | \$   | 244,056 3.11%     |

# Electronic Medical Record Update

*Strategic Plan 7.1.2 - Identify at least one (1) quality improvement project per division per year.*

SCPHD began using an electronic medical record (EMR) in 2012. When the contract for the EMR ended, an evaluation of options for new EMRs was undertaken. A request for information was developed, utilizing a list of clinical program requirements.

A total of seven responses were received from the request. Two companies withdrew their proposals, due to their inability to connect with the Idaho Immunization registry. A committee, including fiscal and clinical staff, was formed to evaluate the software. After the demonstrations were presented, the field was narrowed to two finalists. eClinicalWorks was selected as the new EMR software.

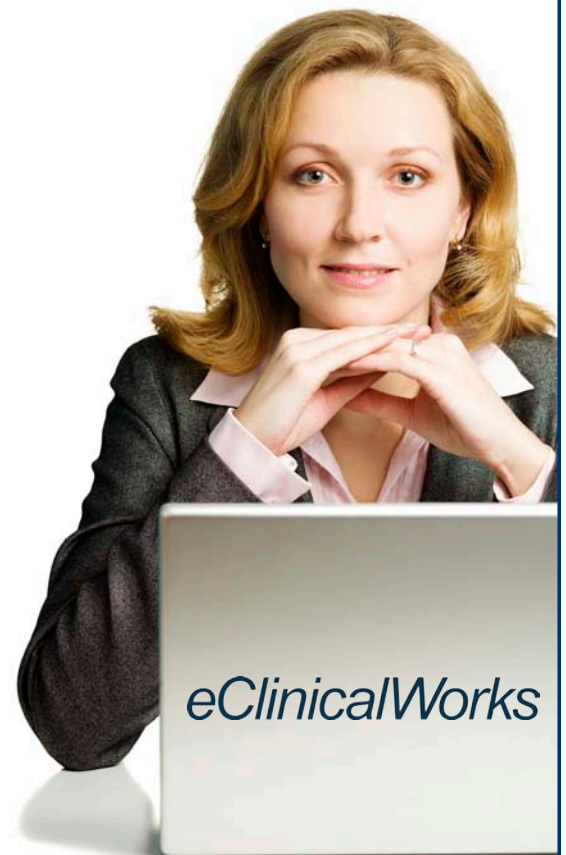
Projected costs/savings for the new EMR:

|                                 | eclinicalWorks  | Current EMR |
|---------------------------------|---|-------------|
| Implementation cost             | \$40,800 (plus airfare for trainers)<br>\$4,000 equipment | N/A         |
| Yearly fees                     | \$12,120  | \$63,000    |
| <b>Total savings first year</b> | <b>\$6,000</b>  |             |
| <b>Total yearly savings</b>     | <b>\$50,000</b>   |             |

The current EMR company also provides revenue cycle management for our insurance billing. This service costs an estimated \$60,000 per year. Utilizing the tools with the new EMR and a clearinghouse, an evaluation of this service can be started to determine if changes in that area would be beneficial for the District. The contract for the RCM company extends through April, 2019.

The new EMR was implemented on June 26, 2017. Since that time, the following benefits have been identified:

1. Software is cloud based. Network issues made the old EMR unavailable for several weeks. With laptops and WiFi hotspots, the new EMR is available and clinics have not been affected.
2. The EMR is customizable. New ways of charting client encounters have been developed.
3. Reporting capabilities will make county reports easier. Reports for clinical efficiencies have been developed which will have a beneficial impact on client services.





# Parents as Teachers

*Strategic Plan 1.1.2 - Establish childcare wellness programs, policies, and environmental changes that aim to prevent and/or reduce obesity.*

*Strategic Plan 3.1.2 - Reduce unintended pregnancies through implementation of an evidenced-based home visitation program with high risk clients.*

Parents as Teachers (PAT) has the mission to provide the information, support, and encouragement parents need to help their children develop optimally during the crucial early years of life. PAT has an over 30 year history of providing information, support, and encouragement to families.

SCPHD started visiting families in May 2015. Since that time, the Maternal, Infant, and Early Childhood Home Visiting (MIECHV) federally-funded PAT program has served a total of 105 families in Twin Falls and Jerome Counties. It is the goal of the program to maintain a caseload of between 40 and 50 families, 15% of which must come from Jerome County.

In July 2016 the SCPHD Board of Health approved funding to expand the PAT program into the six counties not served by the MIECHV sub-grant. Since July 2016 the “District” PAT program has served a total of 13 families in Blaine, Cassia, Gooding, Lincoln, and Minidoka Counties. The District program has received 25 referrals from various agencies in these counties. It is the goal of this program to continue to do outreach and to build up and maintain a caseload of between 15 and 20 families.

In FY-2017, SCPHD PAT staff provided a total of 887 home visits to the families of our Health District.

In addition to home visits, the PAT staff hosted 12 group connections in which all of the families are invited to meet at a specified location to learn more about parenting, socialize with other parents, and network among peers. One such Group Connection, called Roll and Read, is aimed at combining literacy with physical activity. This event was held in May 2017 at First Federal Park in Twin Falls. At this event participants walked a quarter mile loop while stopping at four reading stations along the way. The Twin Falls City Fire Department and Representative Lance Clough manned two of the four reading stations. In addition, various community agencies, such as the Twin Falls Public Library and the University of Idaho Extension Office, participated to provide additional resource information to the PAT families.



# Idaho Prescription Drug Overdose Prevention Program

*Strategic Plan 8.2.1 - Solicit and support collaboration from community organizations addressing “public health” issues.*

In December 2016, SCPHD was awarded a subgrant from Idaho Department of Health and Welfare for prescription drug overdose prevention. The funding from CDC has allowed the Idaho Public Health Districts to provide education to physicians and other healthcare providers about prescription drug overdose prevention.

In addition to the Health Education Specialist at SCPHD becoming very familiar with the State of Idaho Substance Abuse Strategic Prevention Plan, the Prescription Monitoring Program, and opiate use trends, other requirements included:

1. Identifying two physician champions (licensed and actively practicing in Idaho) to provide education about opiate prescribing use and the Prescription Monitoring Program to the healthcare provider community in District 5. Each physician champion was given a stipend for providing education to at least three healthcare provider meetings or clinical offices. Between the 2 physician champions in District 5, 93 health care providers were reached.
2. Creating a toolkit to provide to 10 primary care providers that included information about opiate prescribing use and the Prescription Monitoring Program. The Health Education Specialist distributed these toolkits during visits with the healthcare providers.

This subgrant just renewed on September 1, 2017, for another year. Activities for the upcoming subgrant year remain the same as last year, with the addition of four extra primary care provider presentations, for a total of 14 this year. These are done by the Health Education Specialist, and then SCPHD will recruit two physician champions to provide education to healthcare providers in the district.

**The funding from CDC has allowed the Idaho Public Health Districts to provide education to physicians and other healthcare providers about prescription drug overdose prevention.**



# Seat Belt Observations

*Strategic Plan 8.2.1 - Solicit and support collaboration from community organizations addressing “public health” issues.*

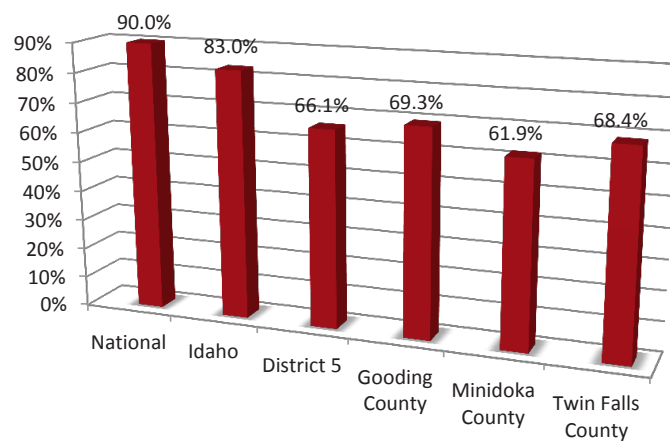
The federal government began regular National Occupant Protection Use Surveys in 1994. The survey observes seat belt usage as it actually occurs at a random selection of roadway sites, and provides the best tracking of the extent to which vehicle occupants in this country are buckling up. Idaho’s Public Health Districts have been conducting Idaho’s Annual Observational Seat Belt Survey for the last 10 years. Observation sites are selected based on the top 85% of passenger motor vehicle fatalities in each county.

In 2016, the national seat belt use rate reached 90%, while Idaho’s seat belt use rate reached 83%. Since 2007, Idaho’s seat belt use rate trend has increased from 78% to 83%. However, the crash fatality rate of unrestrained occupants increased from 54.9% in 2014 to 58.6% in 2015.

In District 5, the 2016 overall seat belt use rate was 66.1% (Gooding 69.3%, Minidoka 61.9% and Twin Falls 68.4%), an increase of 8.3% (overall rate 57.8% in 2015).

The ultimate goal of this program is to ensure that seat belt use rate information is used to engage local communities to focus on being buckled up, and to engage law enforcement agencies to enforce the seat belt law.

## 2016 Seat Belt Use Rate



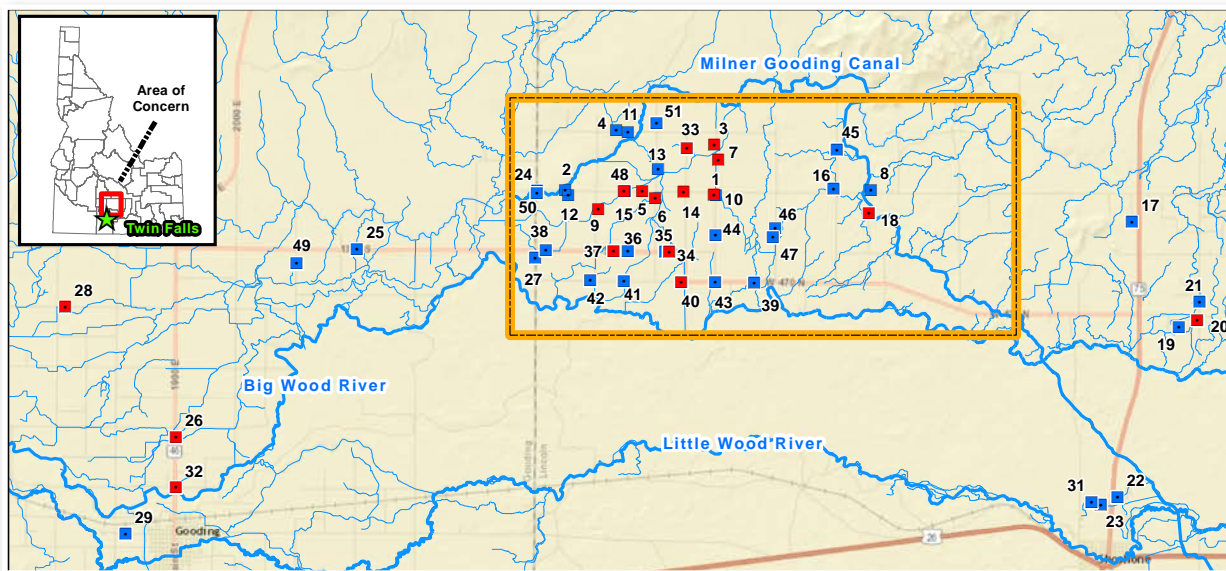
**In September 2017, two staff from the Community Health Division at SCPHD visited 34 sites in Gooding, Minidoka, and Twin Falls counties, and observed 4,752 south central Idaho drivers.**



# Flooding Response

*Strategic Plan 8.2.1 - Solicit and support collaboration from community organizations addressing “public health” issues.*

The winter and spring of 2017 went down in the record books as one of the most challenging periods for south central Idaho. The record amounts of snowfall led to flooding in all eight counties of SCPHD. Twin Falls, Jerome, Lincoln, Gooding, Minidoka, Cassia, Camas, and Blaine were all included in major disaster declarations by the President. The wide spread flooding throughout our region was devastating. The recovery and rebuilding of the infrastructure, properties, and people’s lives will take some time.



The flooding events posted several challenges to the public’s health and safety in our district:

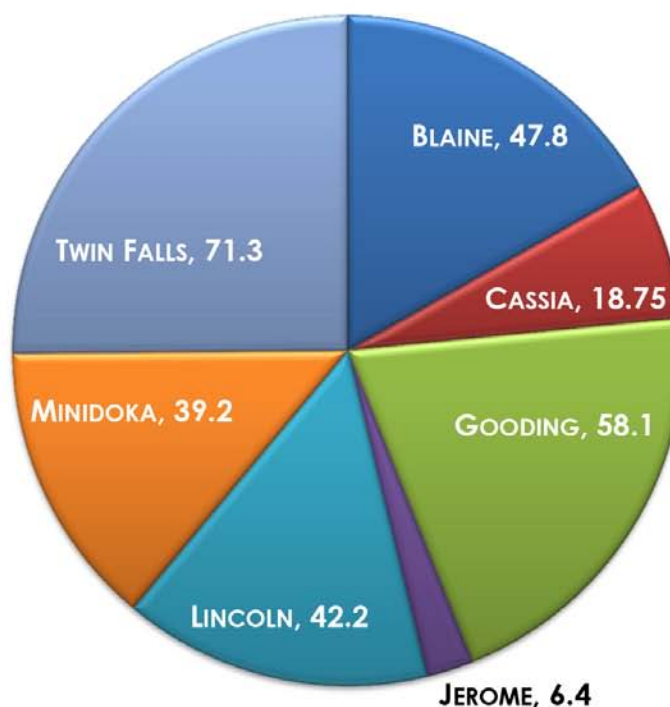
- Contaminated well water led to unsafe drinking water for many rural residents in Lincoln and Gooding Counties.
- Flooded basements, crawl spaces, and even homes raised concerns about mold growth. The public was worried about the adverse effects of mold in structures.
- Flood water entrained contaminants from the environment and provided habitat for mosquitoes. The public was concerned about the contaminants in the flood water, as well as mosquito borne illnesses in stagnant flood water.
- Deep pools of flood water and swift flooded streams posed drowning hazards.

SCPHD rose to the challenge and played a central role in protecting the public’s health:

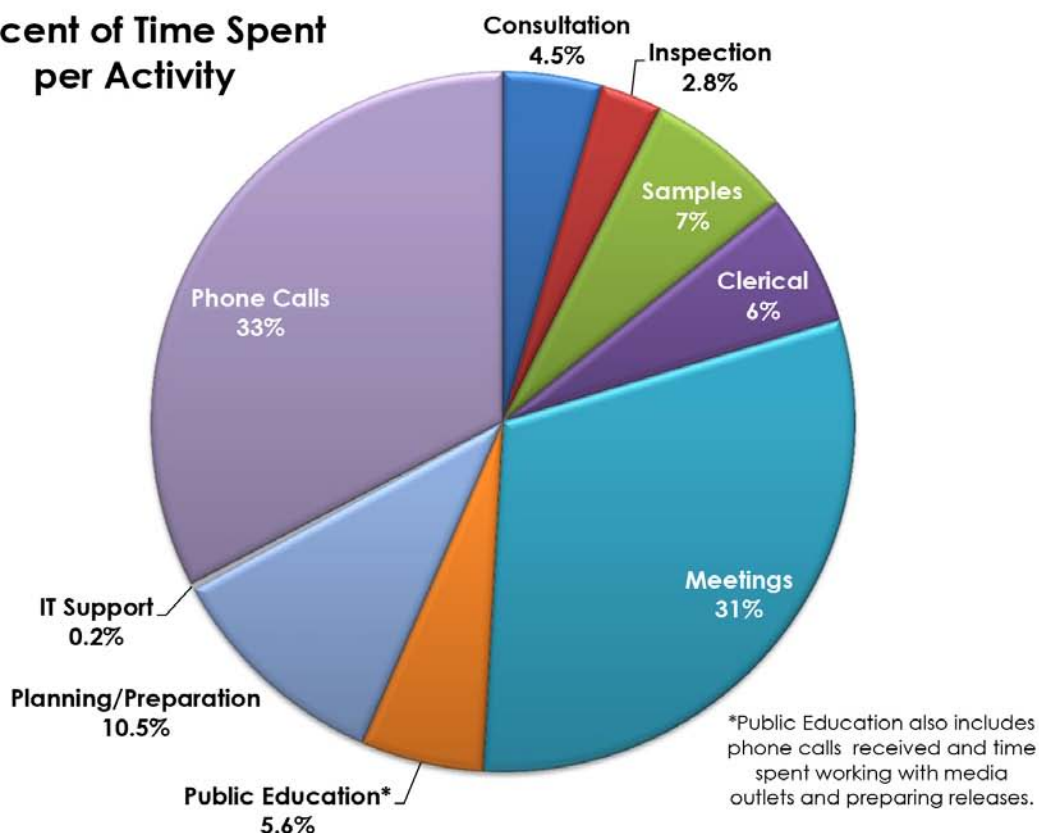
- Worked with Idaho State Department of Agriculture (ISDA), Idaho Department of Water Resources (IDWR), and Idaho Department of Environmental Quality (IDEQ) to first determine the extent of the contamination problem and then to track the contamination and evaluate the threat of water-borne illness.
- Worked with county emergency management on risk communication and health advisories.
- SCPHD activated a phone bank to help answer 495 calls from concerned residents.
- Environmental Health staff attended eight town hall meetings in Lincoln, Minidoka, and Blaine Counties to address public concerns about flooding and mold growth. SCPHD produced and distributed handouts to help the public to protect themselves.

- SCPHD worked with IDEQ to proactively test the flood water in Blaine County for metal and bacterial contaminants to assuage concerns.
- SCPHD worked with Twin Falls County Pest Abatement District to proactively trap mosquitoes in Blaine County to determine the potential threat of a West Nile Virus outbreak.
- A total of 284 hours of staff time were dedicated to dealing with flooding events in all counties. Everyone from the district director, division director, program manager, public information officer, to customer service representatives played a role in the emergency response.

### Hours Contributed to Each County



### Percent of Time Spent per Activity



### Future Plans:

December 2017 – Joint table-top discussion on emergency response to flooding events with Lincoln County Emergency Management, ISDA, IDWR, and IDEQ. Review lessons learned from last spring and develop an improvement plan.



# Public Health Preparedness

*Strategic Plan 8.2.1 - Solicit and support collaboration from community organizations addressing “public health” issues.*

A community’s ability to overcome a disaster or a public health emergency largely depends on the rapid response of capable agencies and organizations. The Public Health Preparedness (PHP) program at SCPHD partners with state and local agencies to build up capabilities in order to mitigate the impacts a disaster or emergency may have on the public.

Throughout 2017, the PHP team at SCPHD developed and facilitated planning and training workshops, drills, and exercises to build up and test response capabilities. In addition, flooding events throughout the winter and spring, along with the Great American Eclipse 2017, tested public health response capabilities. As a result, we have strengthened our effectiveness as a public health agency and increased our ability to respond in a time of need.

## Emerging Special Pathogens (Ebola)

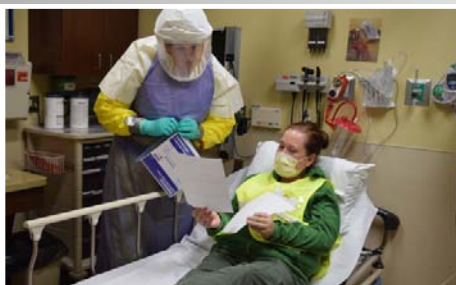
- PHP staff developed and facilitated two regional workshops – multiple agencies and organizations attended, including local hospitals and EMS
- Workshops included speakers from the U.S. Department of Health and Human Services with real-world experience working with Ebola patients in Africa
- Facilitated a 5 hospital and multi-agency Ebola functional exercise in April 2017
- The exercise highlighted great strengths in response plans and showed areas for improvement for all participating agencies

## Medical Sheltering

- Conducted internal training with SCPHD staff and Jerome County staff
- Partnered with the American Red Cross and Jerome County to conduct a functional general population and medical shelter exercise at the Jerome County Fairgrounds
- Many lessons learned and areas for improvement were identified from the exercise
- The medical shelter exercise strengthened partnerships between SCPHD, the American Red Cross, and Jerome County

## The Great American Eclipse 2017

- PHP staff worked with Idaho Department of Health and Welfare, Idaho Office of Emergency Management, and county agencies to prepare for a mass influx of people to the region
- SCPHD staff expended over 250 working hours in planning for and responding to the total solar eclipse
- SCPHD organized and hosted a regional eclipse planning workshop
- At the request of Blaine County, SCPHD deployed 7 Medical Reserve Corps (MRC) volunteers to operate first aid stations at Smiley Creek and Sun Valley
- Over 130 hours of service was rendered by the MRC unit in response to the total solar eclipse



# Business Operations

*Strategic Plan 11.0 - Leverage Limited Resources / Maintain Viability*

## Five-Year Planning Model

The five-year capital projects planning model that was first used for FY-2017 will be further refined and updated for use in FY-2018.

The facility capital needs trend directly coincides with the age of our buildings. Ten and twenty-year mile stones are significant. The anticipated life expectancy of roofs, asphalt parking lots, and mechanical systems—such as boilers, pump motors, cooling towers, and fire systems—tend to have a failure rate right on queue and in line with predicted usable life schedules.

Featured in the picture, is an example of an 18-year-old fire sprinkler system main water supply riser. Notice the obvious degradation of the interior pipe wall. After inspection, long-range budget planning can anticipate costs like these, and they can be incorporated into the longer-range plan.

Improvement plans over multiple fiscal years help to offset the need for large, burdensome, unscheduled projects that consume large revenue blocks and deter from our mission-specific goals. The idea is to continue improvement projects spread out over many years. An example would be the ergonomically friendly modular furniture project that started in 2010. The multiple-year budgeting process aids in planning and prioritizing.

A few of the capital facility-related projects scheduled for FY-2018 are cooling tower replacement, re-roof of the 22,000 square foot membrane roofing system at our Twin Falls facility (pictured below), and replacement of all the flooring in the Bellevue building. All text-book examples of cost associated with 10 and 20-year life cycles.



**Note the fire riser example of a 20 year mile stone; this type of compromised life safety system can go undetected and become an unscheduled budget expense during mid-fiscal year.**



# Employee Committee

*Strategic Plan 9.3 - Ensure a positive work climate that enhances employee morale.*

## Employee Committee Update

Joymae Stone, who created the Employee Committee (EC) 30 plus years ago, has decided to retire. She has been the chair of the EC throughout those years, leading us to arrange general staff meetings, gifts for life events for employees, and all the other fun events that have been hosted by the EC. We wish her health and happiness in her future endeavors.

Before she left us, she was tasked with registering the EC as a Not-For-Profit committee with the Attorney General's office. That happened over the summer. Along with that came the need to have leadership elected. The following officers were elected at the October meeting:

- Trista Palmer, AA – Chair
- Christi Dawson-Skuza, RN – Vice-Chair
- Nancy Andreotti, AA – Secretary/ Treasurer

**The EC would like to express their commitment to continuing the great job Joymae started by encouraging and uplifting employees through moral boosting events and fun activities.**

## Staff the EC Honored with Parties

- Robert (Bob) Erickson – Retirement, December 2016
- Nathan Holmes – Farewell luncheon, March 2017
- Cristina Silver – Farewell luncheon, May 2017
- Kameron King and Jennifer Duff – Farewell luncheon, August 2017

## Regular Activities

Other regular activities included purchasing gifts on behalf of the district for life events such as congratulatory, sympathy, or farewell cards and monthly birthday celebrations.

## Fund Raisers

There were many events hosted by the employee committee to raise money to fund gifts and general staff meetings that included: chocolate sale (all offices); breakfast burritos (Twin Falls); auction of staff made and donated center pieces at the December 2016 General Staff meeting. Monies raised were used to fund the luncheons and distributed gifts.

## Philanthropic Efforts

- At our July staff meeting we facilitated a pet supply drive that was given to local shelters.
- During the flooding experienced during the spring thaw, food, water, and other supplies were donated to the Minidoka Emergency Operations Center (EOC).





# Community Relations

*Strategic Plan 8.1 - Implement an advertising and awareness campaign for SCPHD.*

## Events

One of the Community Relations goals for 2017 was to increase our presence at community events and health fairs. By staff participating in community events in the counties they work in, we hope to not only educate the people we serve about the programs that we offer, but also to represent SCPHD to the community as a whole. The following is a list of events we have participated in from September 2016 to September 2017.

- Buhl Health and Information Fair
- Twin Falls Groundwater Awareness Fair
- Twin Falls YMCA Healthy Kids Day
- Twin Falls Mental Health Awareness Walk
- Parents as Teachers Roll & Read
- Twin Falls KidsFest
- College of Southern Idaho Week of Welcome
- South Central Community Action Partnerships in Action Event
- Twin Falls County Fair
- Camas County Senior Center
- Hailey Discover Health!
- North Canyon Medical Center Health Fair
- Gooding Wellness Event at North Valley Academy
- St. Luke's Jerome Health Fair
- Jerome Horizon Elementary Back to School Night
- Con Paulos Safety Fair
- Jerome County Fair
- Lincoln County Fair
- Burley Women's Seminar and Expo
- Cassia Regional Medical Center Health Fair
- Pomerelle Place Health Fair in Burley
- Mini-Cassia Women's Shelter Harvest Festival





**Twin Falls (Main Office)**

1020 Washington St N  
Twin Falls, ID 83301  
(208) 737-5900  
Fax: (208) 734-9502



**Bellevue Office**

117 East Ash Street  
Bellevue, ID 83313  
(208) 788-4335  
Fax: (208) 788-0098



**Gooding Office**

255 North Canyon Drive  
Gooding, ID 83330  
(208) 934-4477  
Fax: (208) 934-8558



**Heyburn Office**

485 22<sup>nd</sup> Street  
Heyburn, ID 83336  
(208) 678-8221  
Fax: (208) 678-7465



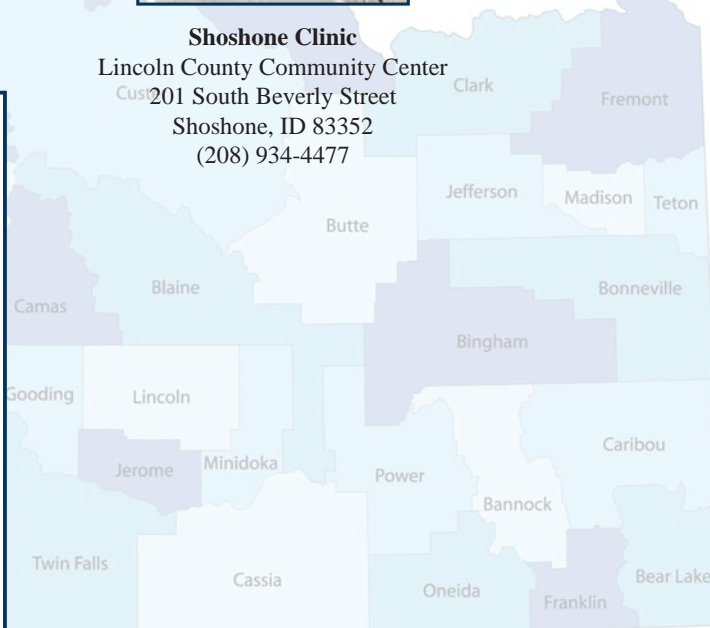
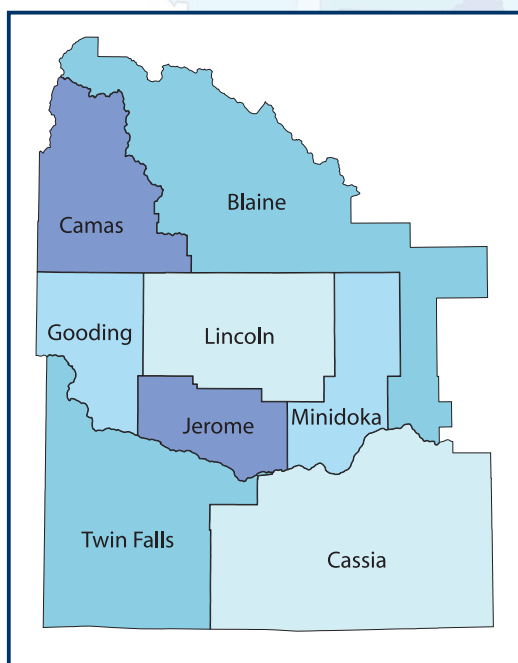
**Jerome Office**

951 East Avenue H  
Jerome, ID 83338  
(208) 324-8838  
Fax: (208) 324-9554



**Shoshone Clinic**

Lincoln County Community Center  
201 South Beverly Street  
Shoshone, ID 83352  
(208) 934-4477









**Public Health**  
Prevent. Promote. Protect.

**Idaho Public Health Districts**

