

FOR IMMEDIATE RELEASE

March 1st, 2022

Nominate Your “Health Hero” For A Regional Award

SCPHD recognizes double the historic number of nominees this year

SOUTH CENTRAL IDAHO – The COVID-19 pandemic has hurled a number of obstacles at our community in the last two years. Through it all, we’ve seen neighbors rise to the occasion--going above and beyond in their jobs, finding creative ways to fill health needs in their area, and sacrificing personal time as they help protect their community. Perhaps more now than ever before, it’s important to recognize these people and the contributions they’ve made.

Starting March 1st, 2022, South Central Public Health District (SCPHD) is accepting nominations for our local health heroes who went the extra mile to protect their community in the last two years. Historically, SCPHD has honored one organization or person for each of the four health hero categories: Youth, Adult Volunteer, Adult Professional, and Organization. This year, SCPHD will honor two nominees in each category for a total of eight winners.

“We’ve seen so many incredible people serve their communities in critical ways over the last two years,” said Pam Jones, South Central Public Health Board member and Chair of the Health Heroes Committee. “This has been an especially difficult time for so many, and we want to make sure the people who go above and beyond are recognized for their care, dedication, and hard work.”

The Health Hero award is for residents in south central Idaho. This region includes Blaine, Camas, Cassia, Gooding, Jerome, Lincoln, Minidoka, and Twin Falls counties. Nominees must live in one of these counties to be eligible for the award.

SCPHD will present two winners in each of the four nomination categories, including:

Youth: A volunteer, 18 years old or younger, who has made a big impact on the health of their community. Please limit entries to one person per nomination.

Adult Volunteer: A member of the community, over the age of 18, who is volunteering outside of their profession. This person must have volunteered time on a community project, initiative, or within an organization and their efforts have helped their community become healthier. Please limit entries to one person per nomination.

Adult Professional: A member of the community, over the age of 18, who works in health care or community health and goes above and beyond in their job or hobby to help make their community healthier. Please limit entries to one person per nomination.

Organization: A group of people (youth or adult) who have made a big impact on their community health over the last year. Please limit entries in this category to groups of two or more residents.

See previous winners on SCPHD's website at <http://phd5.idaho.gov/health-heroes>. Find nomination forms on the website, at one of SCPHD's five offices, or by calling 208-737-5900.

Nominations are due by the end of the business day on March 31st, 2022. All mailed nominations must be postmarked by March 31st, 2022. Health Hero award winners will be honored on **May 18th, 2022** at the SCPHD Regional Board of Health meeting.

On the nomination form please include a description explaining why your nominee deserves the Health Hero Award and how they have impacted their community. Examples of qualifying activities include, but are not limited to, the following:

- Promoting a healthy lifestyle through activities at schools, churches, and places of work
- Programs/activities to reduce suicides
- Promoting physical activity or other activities that help reduce obesity
- Help preparing a community for a disaster
- Efforts to decrease workplace injuries or illness
- Promoting policies that led to healthy outcomes
- Helping to expand health information outreach to hard-to-reach communities

Employees of South Central Public Health District are not eligible to receive a Health Hero award. If you would like to recognize an SCPHD staff member please feel free to call one of their offices or leave a message on Facebook.