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**PRESS RELEASE – For Immediate Release**

## **Public Health Opens New Mobile Clinics for WIC clients**

MAGIC AND WOOD RIVER VALLEYS – South Central Public Health District (Public Health) is announcing two new WIC clinics to help mothers and children in the Magic Valley and Wood River Valley choose, and afford, healthier lifestyles.

"Families are often not able to access the services they need because of work or limited transportation. Bringing services to the families helps them keep up with work and family requirements, while gaining access to needed food assistance and nutrition education," said Helen Hopkins, Public Health Dietitian.

To help our residents, Public Health is opening up two new clinics:

### **Twin Falls Clinic**

El Milagro housing, on 1122 Washington St S., is now open the first Thursday of each month from 9:00 a.m. to 4:00 p.m. and the first Friday of every month from 12:00 p.m. to 2:00 p.m.

### **Ketchum Clinic**

Wood River YMCA, on 101 Saddle Rd., is now open the second Thursday of each month from 10:30 a.m. to 3:00 p.m.

Public Health has also moved their Shoshone clinic to the old DMV office at 119 West A Street. WIC is available there on the first Wednesday and Thursday and the third Friday of every month from 9:00 a.m. to 4:00 p.m.

The Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) helps families afford supplemental foods, health care referrals, and nutrition education. Specifically, the program helps low-income pregnant, breastfeeding, and non-breastfeeding postpartum women, and infants and children up to age five who are at nutritional risk.

““We are working hard to make sure residents have better access to WIC, especially families that don't have any way to drive to our main clinics.” said Caroline Dolezal, Public Health Dietitian.

“These new clinics will be easier to access for busy parents or parents who don’t have access to a car during work hours.”

Despite the government shutdown, WIC is still open for business, and accepting new participants (in all locations) who meet eligibility requirements

Visit <https://www.phd5.idaho.gov/WIC/index.htm> for more information and clinic schedules.