



South Central Public Health District  
1020 Washington Street North  
Twin Falls, ID 83301  
866-710-9775  
[www.phd5.idaho.gov](http://www.phd5.idaho.gov)



May 11, 2018

**FOR IMMEDIATE RELEASE**

Contact: Yvonne Humphrey, Public Information Officer, (208) 737-5917

**South Central Public Health District Health Heroes Awards**

TWIN FALLS - South Central Public Health District (SCPHD) will host the 2018 Health Heroes Awards on Wednesday, May 16, 2018 at 1:00pm. The presentation will be hosted at the Twin Falls Office, 1020 Washington Street N in the Katz A & B conference rooms. This annual event honors individuals or groups who have gone above and beyond the call of duty to promote health in the community by working to prevent disease, promote healthy lifestyles, and protect the health and environment of southern Idaho citizens. This year, there were four nomination categories: youth (under 18), adult volunteer, adult professional, and group/organization/business.

The nominations received included a brief description explaining why the nominee deserves the Health Heroes Award. Examples of qualifying activities included, but were not limited to the following:

- promoting a healthy lifestyle through activities at schools, churches, and places of work
- activities that help reduce suicides
- promoting physical activity
- activities that reduce obesity
- preparing a community for a disaster
- decreasing workplace injuries
- promoting policies that led to healthy outcomes

The public and media are invited to attend. For more information, please contact, Yvonne Humphrey at (208) 737-5917.

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