

Parents as Teachers

A parent is a child's first and most important teacher. This program is designed to provide parents with information and assistance to enhance their children's intellectual, language, social, and physical development from birth to age three.

Why it's important...

Because learning begins at birth.

Research suggests that from birth to three years of age and especially the first six months of life, the brain goes through the most critical stage of development.

By age three, children have learned 75% of all the language skills they will have as adults.

In the first few years, children learn more and at a much faster pace than any other time in life.

By age 3 a child's brain is 80% of the size of an adult brain.



Parents as Teachers®
Affiliate

To find out more about the Parents as Teachers Home Visitation program, contact:



**South Central
Public Health District**
Prevent. Promote. Protect.

South Central Public Health District
1020 Washington St N
Twin Falls, ID 83301-3156
(208) 737-5966

www.phd5.idaho.gov



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Parents
as
Teachers

Free
Child
Development
Program!



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Why Join?

- To learn about your child's growth and development.
- To turn your child's everyday experiences into fun-filled learning opportunities.
- To receive research based practical answers to your parenting questions.
- To create an eager learner who is ready for school.
- To learn ways to build a strong relationship with your child.
- There is no cost for services!

What do Families Receive?

Home Visits

Once a month, a parent educator will share age appropriate child development and parenting information, help you learn to observe your child, and address your parenting concerns. The visits include:

- an engaging play activity for you and your child, enriching parent/child interaction and enhancing your child's development;
- discussion and handouts based on the particular stage of your child's development, with information on fun activities to nurture growth;
- an opportunity to receive research based answers to your parenting and child development questions.

About Parents as Teachers

Parents as Teachers is an early childhood parent education and family support program that can serve families from pregnancy until age three. The program provides parents with child development information and parenting support.

Goals of Parents as Teachers:

Increase knowledge of early childhood development and strengthen parenting practices.

Provide early detection of developmental delays and health issues.

Increase children's school readiness and school success.

To apply or for more information, please call:

(208) 737-5966.

Families also receive...

Group Connections

Join other parents to learn and share information on parenting issues and child development. Parents learn from and support each other, observe their children with other children, practice parenting skills, and enjoy activities with other families. Topics include nutrition, literacy, music, art, and more.

Screenings

During home visits or at the parent's request, children are screened for hearing, language, nutrition, motor, intellectual, and social development. These screenings can help parents identify any potential concern before it becomes an obstacle to the child's development. If additional help is required, the Parent Educator will provide referrals to services in the community.

Resource Network

Parent Educators help families identify and connect with community resources.