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PRESS RELEASE – For Immediate Release

Contact: Susie Beem, Diabetes Program Coordinator 737-5946

Free Foot and Eye Screenings for People With Diabetes

TWIN FALLS-The Magic Valley Diabetes Coalition is offering special “Head to Toe” clinics for people with diabetes. Eye screenings, foot exams, blood pressure, hemoglobin a1c tests, dental screenings, and nutrition education will be offered free of charge to people with diabetes.

These “Head to Toe” clinics will take place:

- **In Fairfield at Family Health Services (located at 401 Camas W.) on March 1st at 9:30-11:30 a.m. Please call 732-7156 to schedule an appointment.**
- **In Bellevue at South Central Public Health District (located at 117 E. Ash St.) on March 1st at 1:30-3:30 p.m. Please call 737-5946 to schedule an appointment.**
- **In Twin Falls at CSI Health Sciences and Human Services building (located at 397 N. College Rd.) on March 16th at Noon-3:30 p.m. Please call 737-5946 to schedule an appointment.**
- **In Shoshone at Shoshone Family Medical Center (located at 113 S. Apple) on March 22nd at 9 a.m.-Noon. Please call 944-4747 to schedule an appointment.**

Appointments must be made for the clinics. These clinics are open to people with diabetes that are newly diagnosed, have no insurance, have insurance with a high deductible, or those who have never received any of the offered services.

The Centers for Disease Control and Prevention and the Idaho Diabetes Prevention and Control Program recommend that people with diabetes receive a dilated eye screening, a neurosensory foot examination, and a hemoglobin a1c test at least once a year.

Please take this opportunity to receive a free eye and foot screening, along with the hemoglobin a1c test and other services. If you have any questions about diabetes, contact Susie Beem at South Central Public Health District at 737-5946.