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PRESS RELEASE – For Immediate Release

Contact: Susie Beem, Diabetes Program Coordinator, 737-5946

Diabetes Support Group to Discuss Reading Food Labels

TWIN FALLS-The Diabetes Support Group will host Rhea Lanting, University of Idaho Extension Educator, leading a discussion titled “Read It Before You Eat It!” This meeting will take place on Tuesday, January 20, at 7 p.m.

The meeting will be held at South Central Public Health District (SCPHD), located on the College of Southern Idaho campus. People attending the meeting should use the north entrance of the Public Health building.

The Diabetes Support Group meeting is open to the public, and there is no charge to attend. The group meets regularly at 7 p.m. on the third Tuesday in January, February, March, April, May, September, October, and November at SCPHD.

Contact Susie Beem at 737-5946 for more information.

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