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PRESS RELEASE – For Immediate Release

Contact: Susie Beem, Diabetes Program Coordinator 737-5946

Free Foot and Eye Screenings, Hemoglobin a1c Tests at Flu Clinics for People With Diabetes

TWIN FALLS-The Magic Valley Diabetes Coalition is offering a special “Head to Toe” opportunity during some South Central Public Health District (SCPHD) influenza clinics for people with diabetes. Eye screenings, foot exams, hemoglobin a1c tests, dental exams, and diet education will be offered free of charge to people with diabetes after they receive their influenza and pneumonia immunizations (flu: \$27, pneumonia: \$42). Dental exams will be offered only at the Twin Falls and Jerome clinics (in the morning) and at the Wendell clinic.

These “Head to Toe” clinics will take place:

- Tuesday, November 4, at Rupert SCPHD located at 1218 9th St., Ste. 15, 9 a.m.- Noon and 1-4 p.m., call 436-7185
- Wednesday, November 5, at Burley SCPHD located at 2311 Parke Ave, Unit 4, Ste 4, 9 a.m.- Noon and 1-4 p.m., call 678-8221
- Friday, November 7, at Jerome SCPHD located at 951 East Ave. H, 9 a.m.- Noon and 1:30-3:30 p.m., call 324-8838
- Wednesday, November 12, in Wendell at 105 W. Ave. A, 9 a.m. - Noon, call 934-4477
- Friday, November 14, at Twin Falls SCPHD located at 1020 Washington St. N (CSI campus), 9:30 a.m.- 3 p.m., call 737-5966

The Centers for Disease Control and Prevention and the Idaho Diabetes Prevention and Control Program recommend that people with diabetes receive at least annually: a dilated eye screening, a neurosensory foot examination, and an influenza vaccination. People with diabetes should also receive a pneumonia vaccination. It is safe to have along with a flu vaccine and, for most people, one dose provides lasting protection.

Please take this opportunity to receive a free eye and foot screening, along with the hemoglobin a1c test, after you receive your flu shot. If you have any questions about diabetes, contact Susie Beem at South Central Public Health, 737-5946.

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