

## **Action for Healthy Kids (AFHK) Mini-Grant Application**

Action for Healthy Kids is the nation's leading nonprofit and largest volunteer network fighting childhood obesity and undernourishment by working with schools to improve nutrition and physical activity. In partnership with South Central Public Health District, the South Central Idaho AFHK is providing the following mini-grant opportunity.

**Purpose:** The purpose of this mini-grant is to assist schools and daycares in improving nutrition and/or the physical activity environment in a school or daycare. The mini-grants will be given directly to the school or daycare to use to implement the proposed action plan.

\$10,000 in mini-grant funds are available. The number of agencies receiving funds will be determined by the number of agencies requesting funds and the total of requested funds. Maximum request is \$2,500.

### **Grant Requirements:**

- The funding shall be used to improve the school nutrition and/or physical activity environment. **The grant application (see pages 2-3) is due by Friday, March 16, 2012.**
- Grant awards will be announced Friday, April 6, 2012, with funds dispersed within two weeks of that announcement.
- In addition to the proposed project, agencies must create or enhance wellness policies.
- All funds must be spent and the project must be completed by Friday, November 30, 2012.
- Interim reports are due May 25, 2012, and September 28, 2012. A final report is due December 7, 2012. The final report must include pictures from the project.
- A representative from each agency receiving funds must present their activities at AFHK meetings in May and December 2012.

For more information, please call Sherri Cash at 737-5903 or email [scash@phd5.idaho.gov](mailto:scash@phd5.idaho.gov)

For more information about Action for Healthy Kids, please visit their website at [www.actionforhealthykids.org](http://www.actionforhealthykids.org)

An electronic copy of this application can be found at [www.phd5.idaho.gov](http://www.phd5.idaho.gov)



## AFHK Mini-Grant Application

School or Daycare Name: \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone Number: \_\_\_\_\_ E-Mail: \_\_\_\_\_

Lead Contact Name: \_\_\_\_\_

Phone: \_\_\_\_\_ E-Mail: \_\_\_\_\_

In order to have a successful wellness project that is sustainable, it is recommended that more than one person leads the program. If applicable, list other people helping with this project.

Name: \_\_\_\_\_

Name: \_\_\_\_\_

Name: \_\_\_\_\_

*Attach additional paper if needed.*

### **Signatures:**

Lead Contact (print name): \_\_\_\_\_

Signature: \_\_\_\_\_

School Administrator (print name): \_\_\_\_\_

Signature: \_\_\_\_\_

Daycare Director (print name): \_\_\_\_\_

Signature: \_\_\_\_\_

**Project Overview:**

On a separate piece of paper, address the following items with as much detail as possible, describing how you will use the grant funding to improve the school nutrition and/or physical activity environment.

- 1. Describe the need that your project will address.**
- 2. Describe how your project will fill this need.**
- 3. Describe how this project will remain sustainable after initial funding.**
- 4. Define the Action Plan for this Project. Please create a chart, timeline, or spreadsheet describing actions, person(s) responsible, budget, and target date of completion.**
- 5. Percentage of Hispanic students/children. Percentage of low-income families. Special consideration will be given to those daycares and schools who have large percentages of Hispanic and/or low-income students/children.**

**Deadline: March 16, 2012**

Applications can be mailed to:

South Central Public Health District  
Attn: Sherri Cash  
1020 Washington St. N.  
Twin Falls, ID 83301